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**Michelson**

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(54) **METHOD FOR PREPARING AN IMPLANT OF CORTICAL BONE**

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This patent is subject to a terminal disclaimer.

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**B28B 1/00** (2006.01)  
**A61B 17/56** (2006.01)

(52) **U.S. Cl.** .... **264/162**; 29/525.01; 451/28; 623/17.11; 623/17.16

(58) **Field of Classification Search** ..... 623/14.12, 623/17.16, 16.11, 17.11; 606/61; 451/28; 264/162; 29/525.01

See application file for complete search history.

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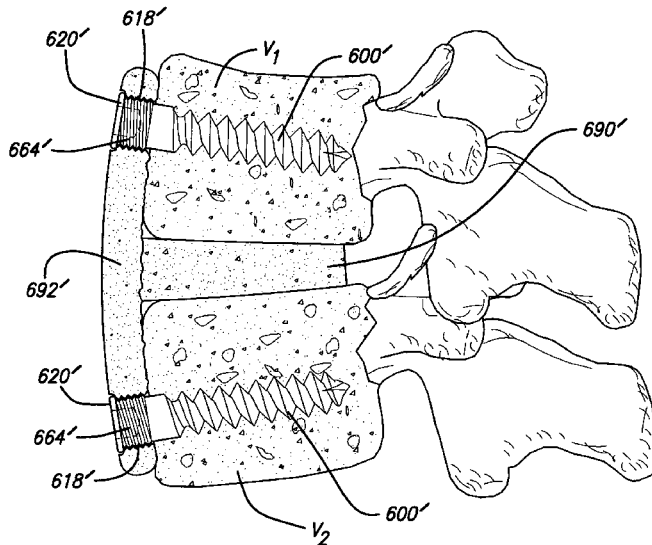
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(57) **ABSTRACT**

A screw formed of cortical bone for use in the human body with an implant having a screw hole for receiving at least a portion of a screw therethrough, includes a shaft with a thread along at least a portion of its length. The thread has an outer diameter dimensioned to pass through the screw hole in the implant. The trailing end of the screw is configured to cooperatively engage at least a portion of the screw hole of the implant so as to prevent the screw from linear motion along the mid-longitudinal axis of the shaft in a direction opposite to the direction of insertion when the screw is threaded through the screw hole to attach the implant to a bone portion of the human body. The screw is formed substantially of cortical bone of a single cortical thickness.

**9 Claims, 10 Drawing Sheets**



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FIG. 1A

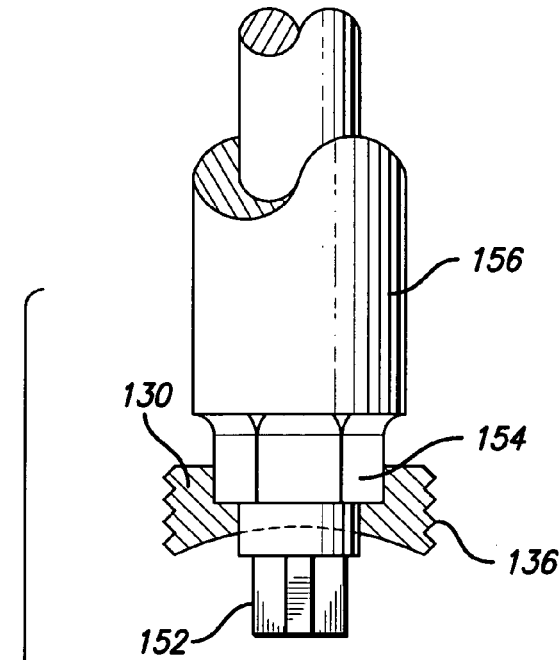


FIG. 1B

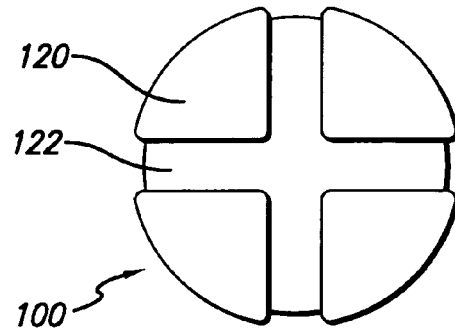
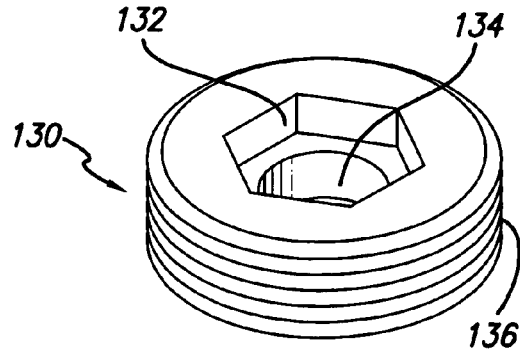


FIG. 1C

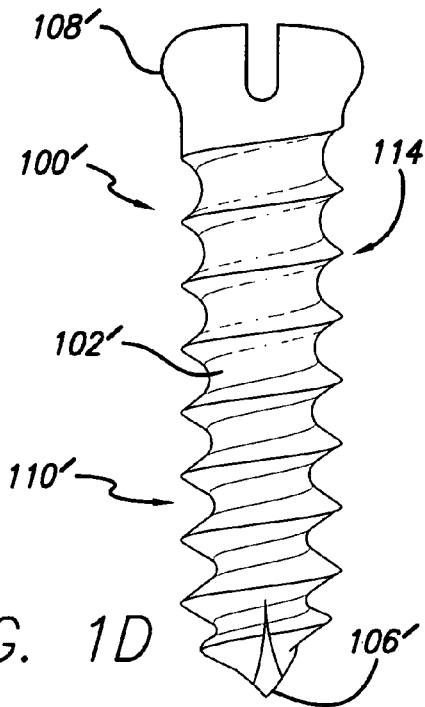
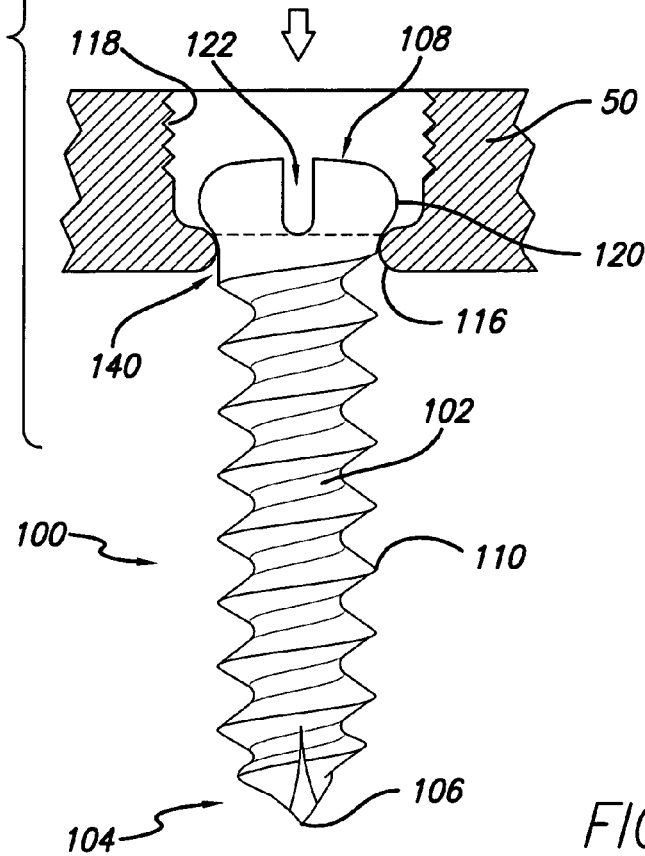


FIG. 1D

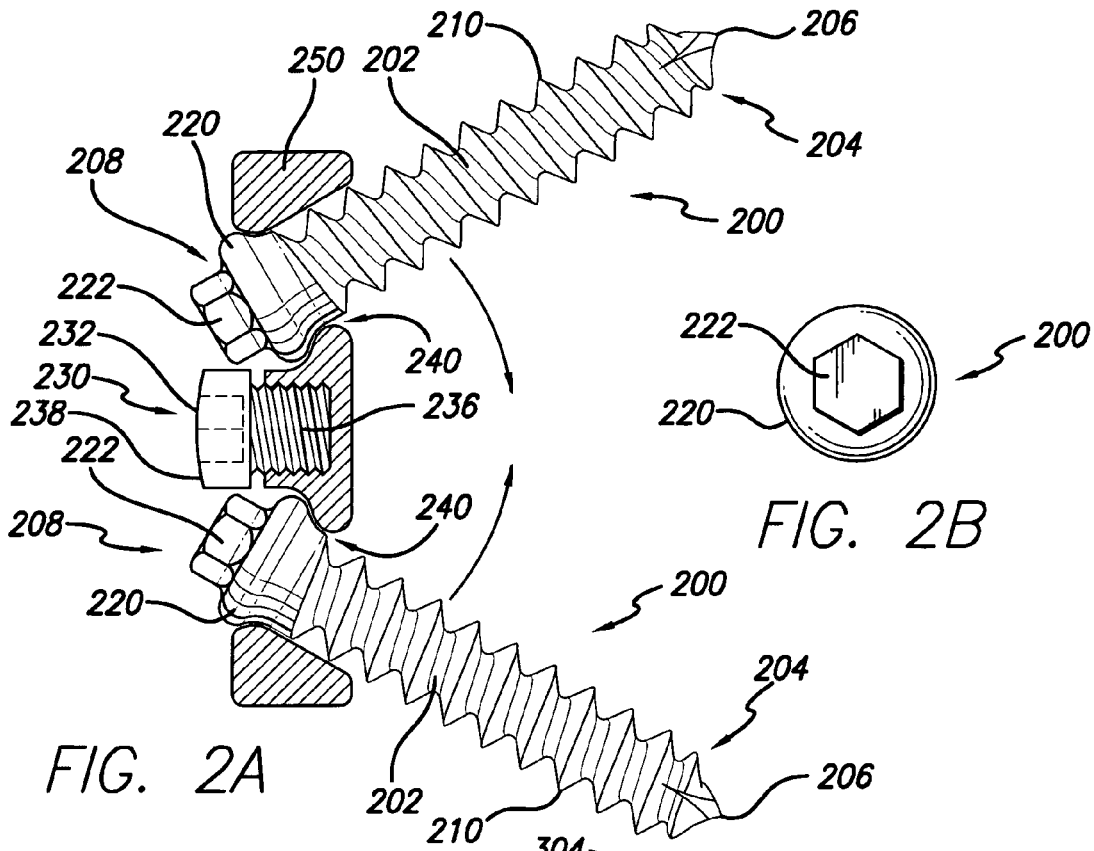


FIG. 2A

FIG. 2B

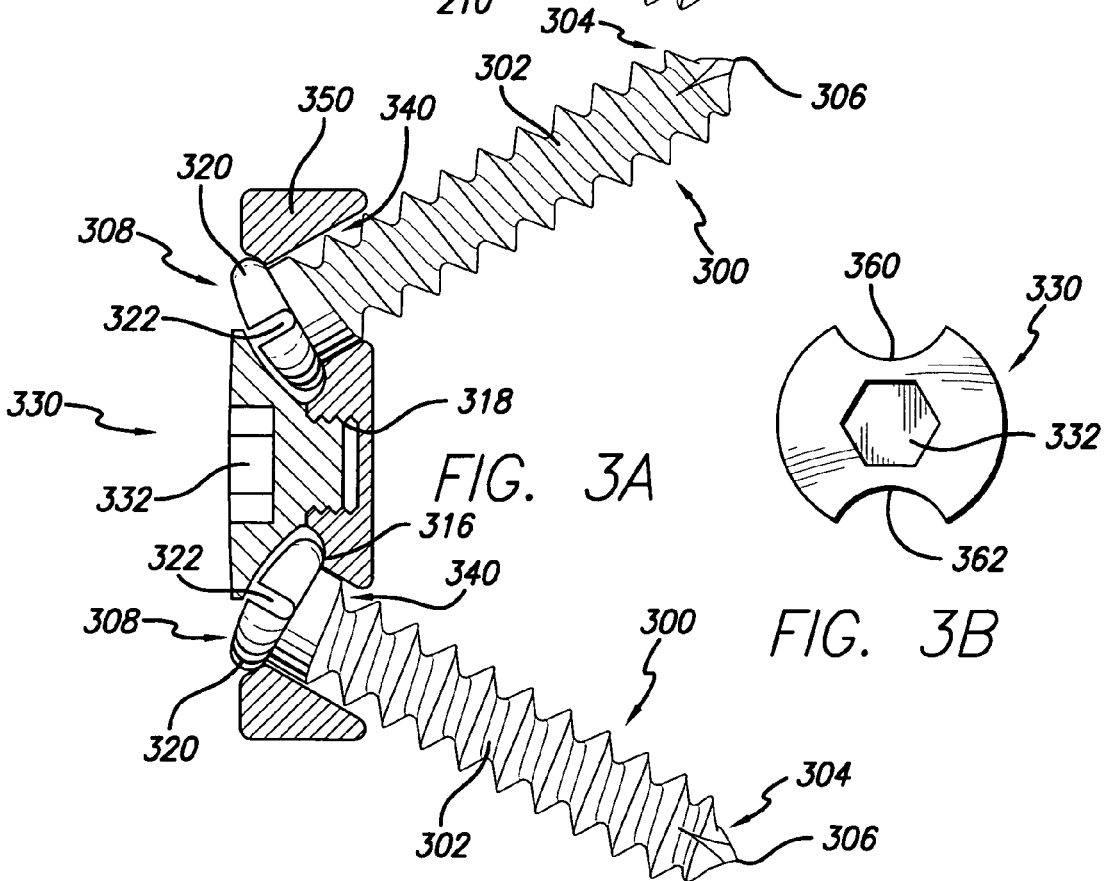


FIG. 3A

FIG. 3B

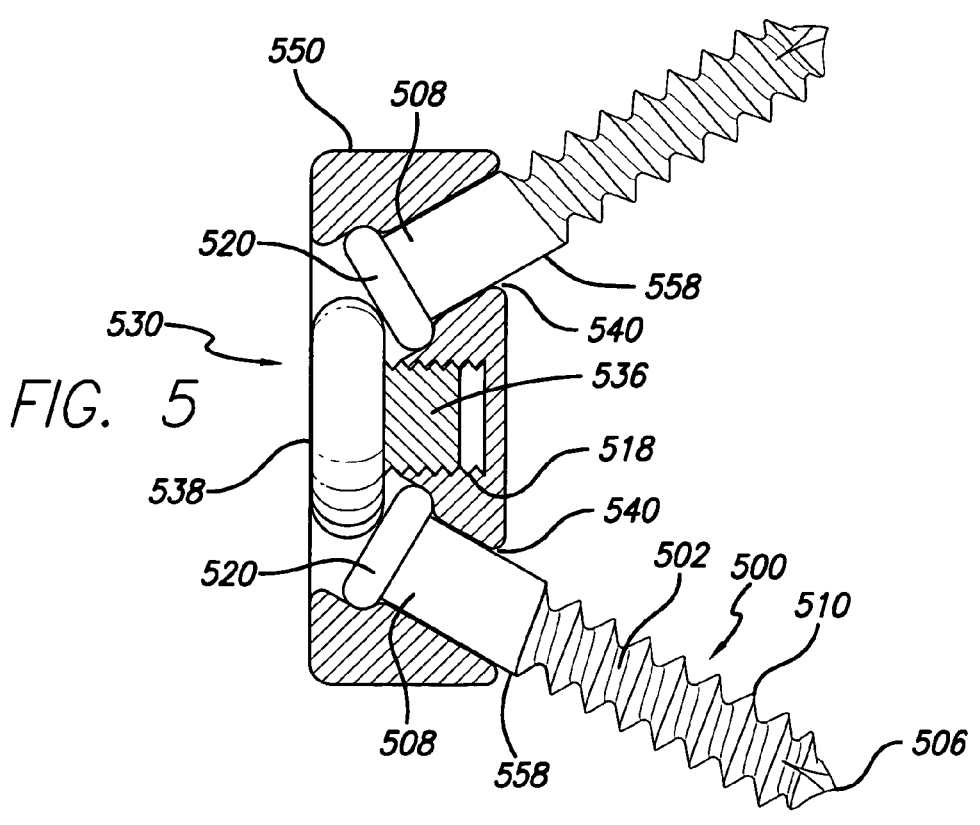
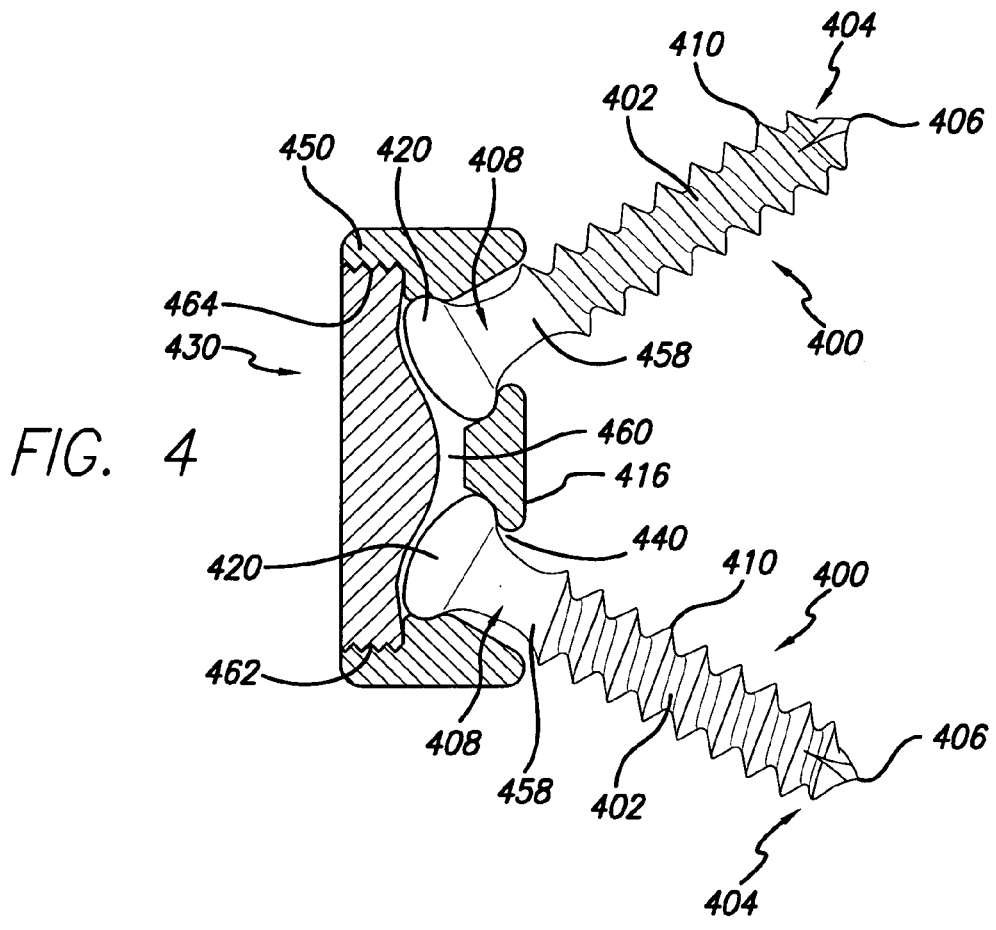


FIG. 6

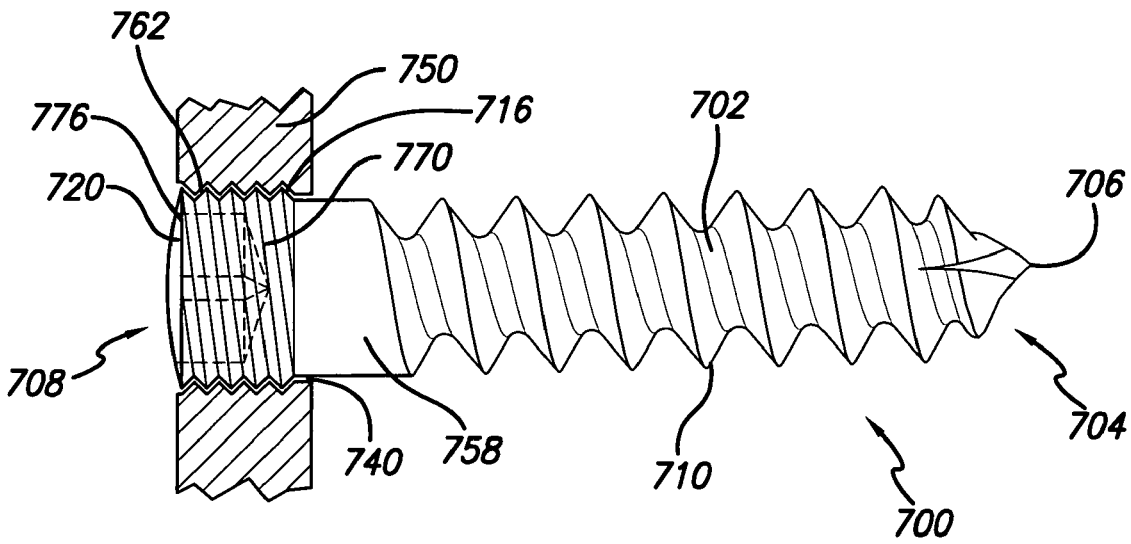
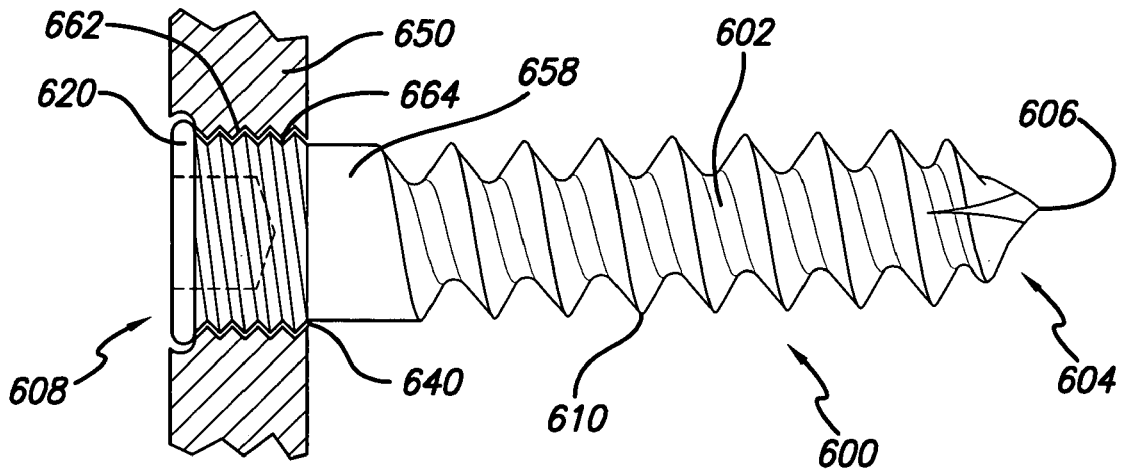


FIG. 7A

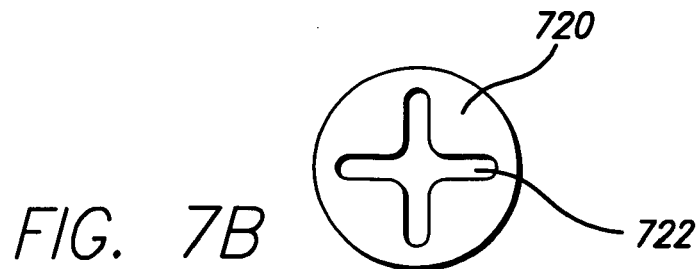


FIG. 7B

FIG. 8

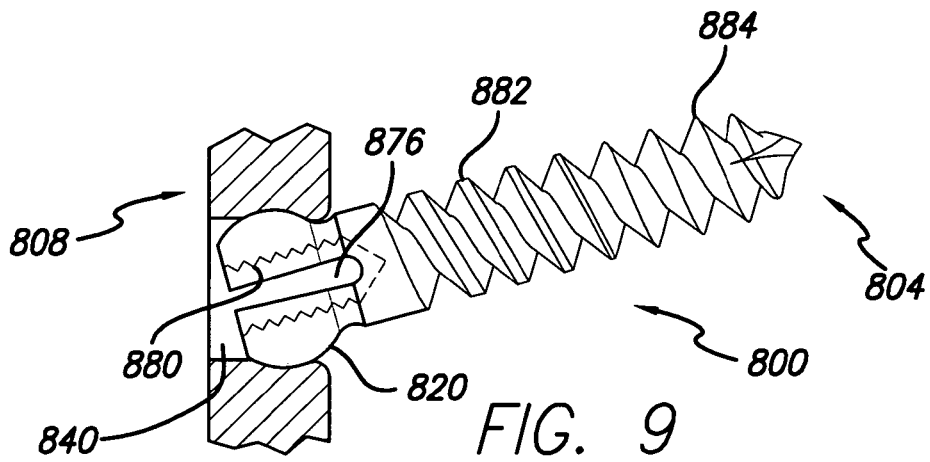
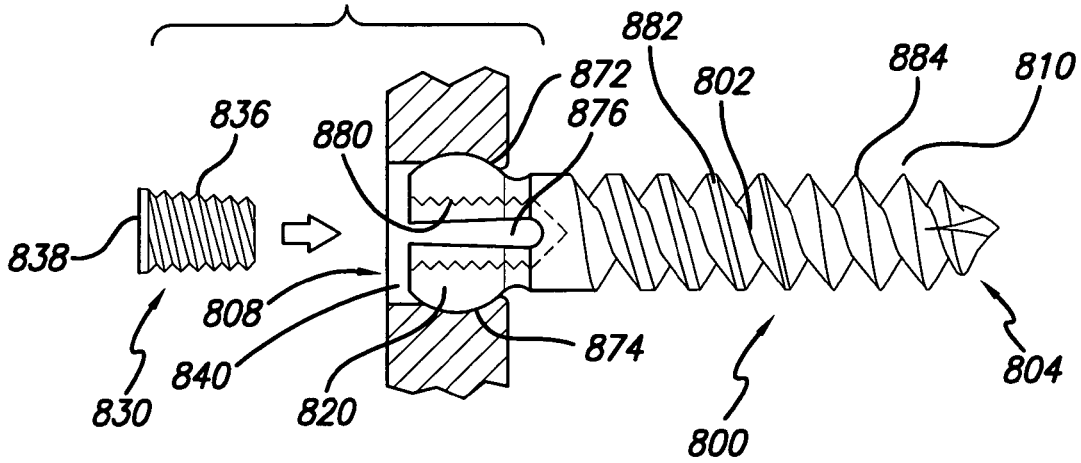


FIG. 9

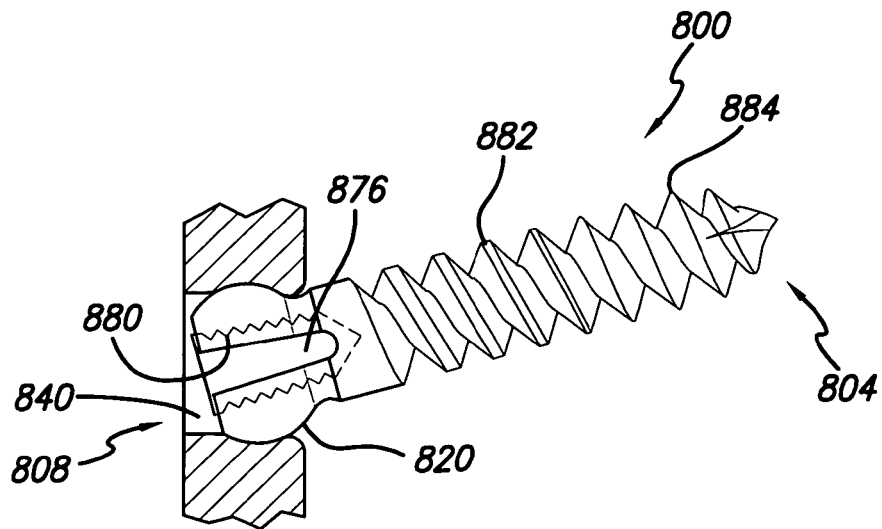


FIG. 10

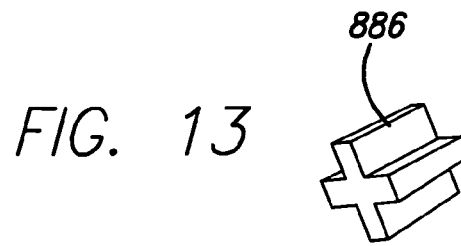


FIG. 14

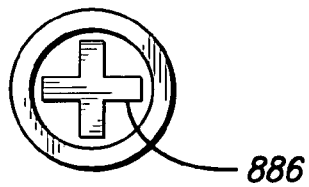
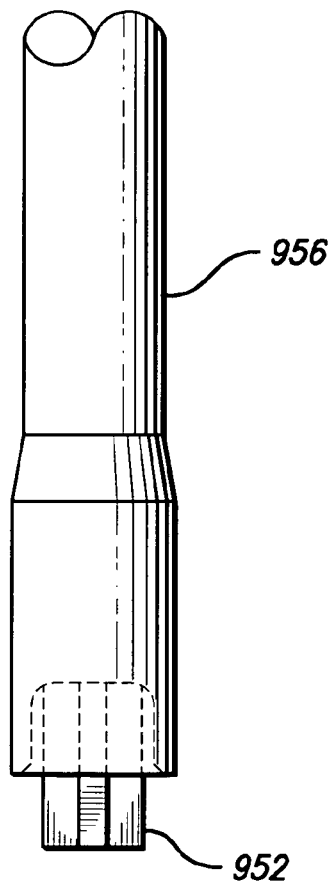


FIG. 15

FIG. 12

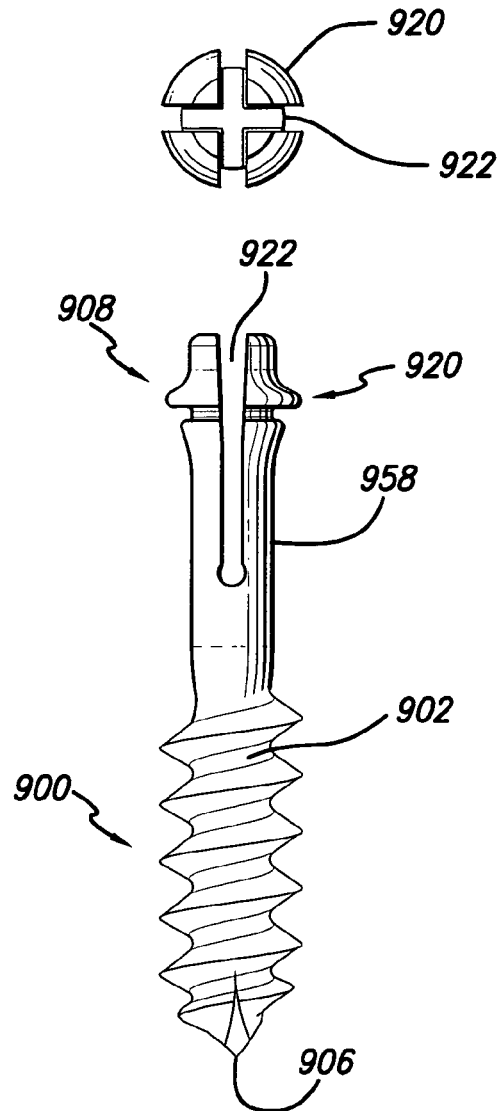


FIG. 11



FIG. 16

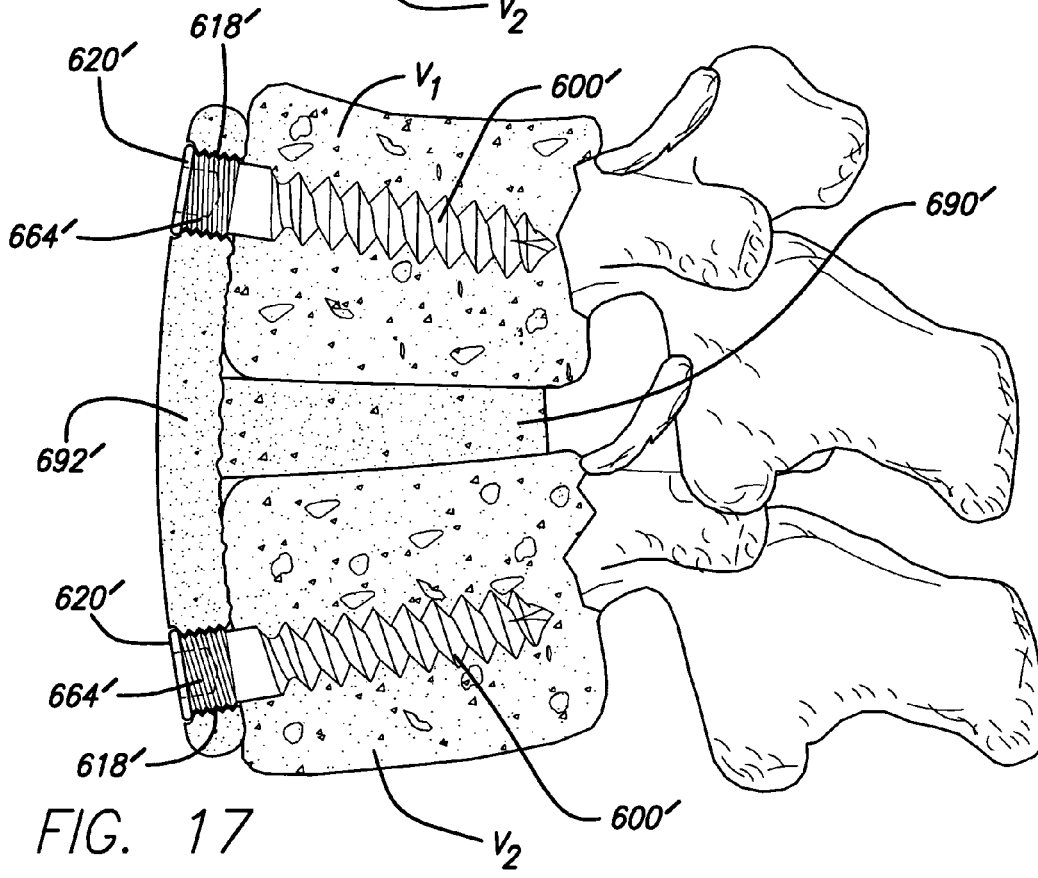
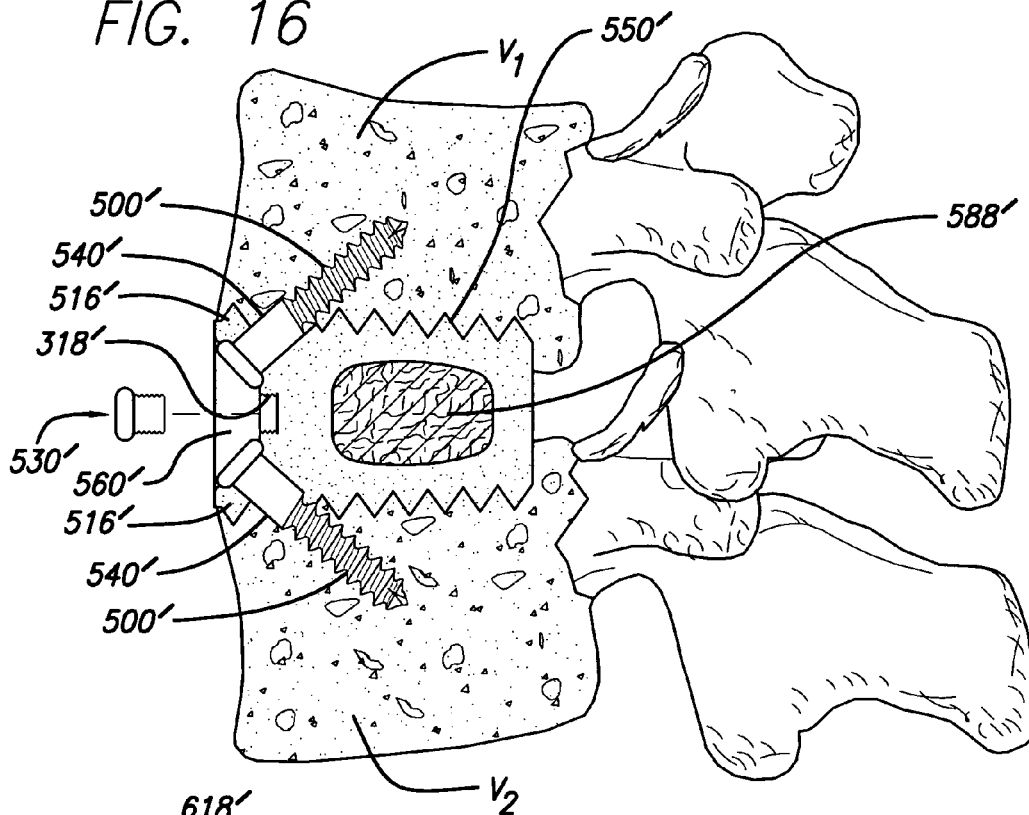


FIG. 17

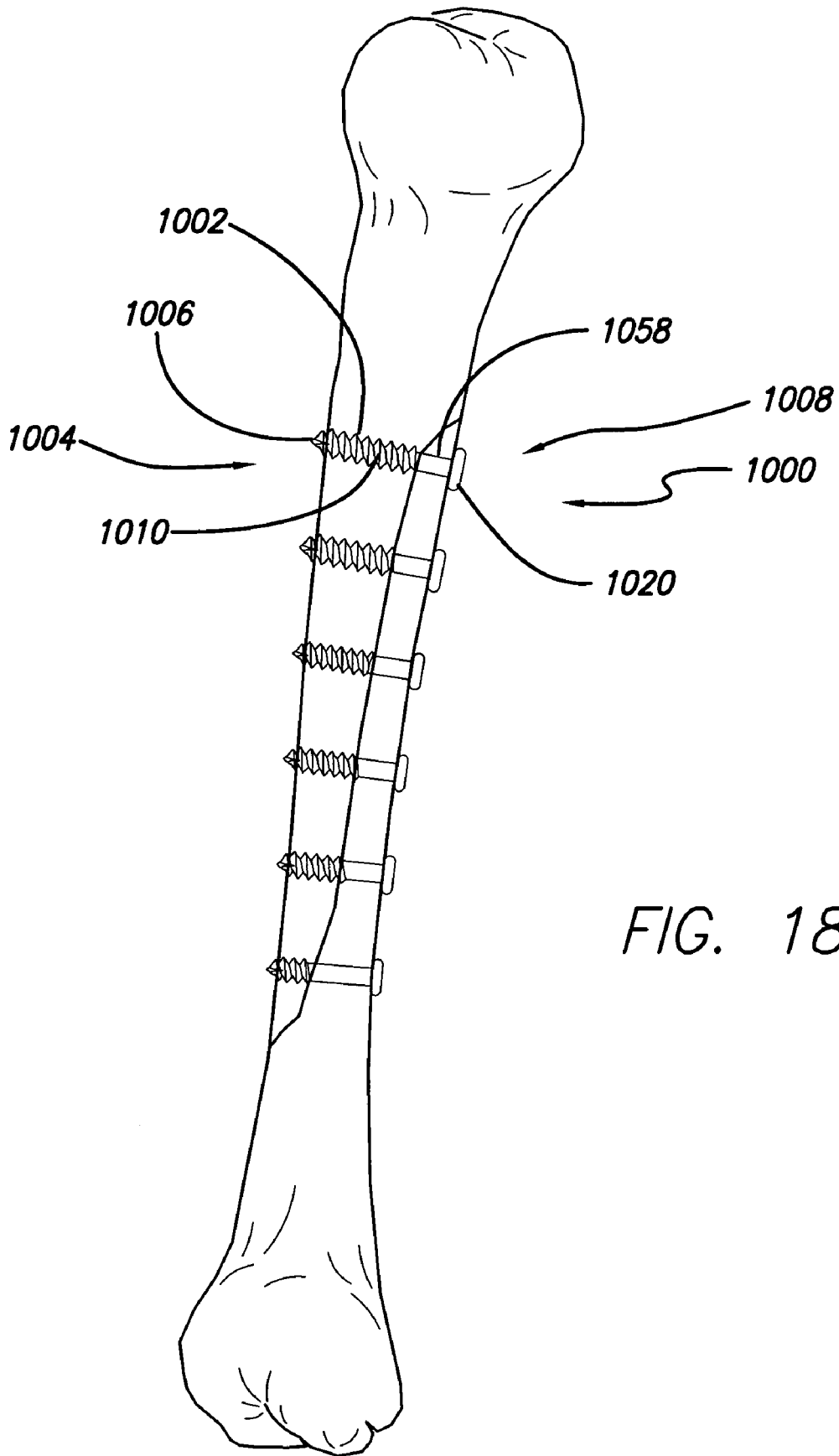


FIG. 18

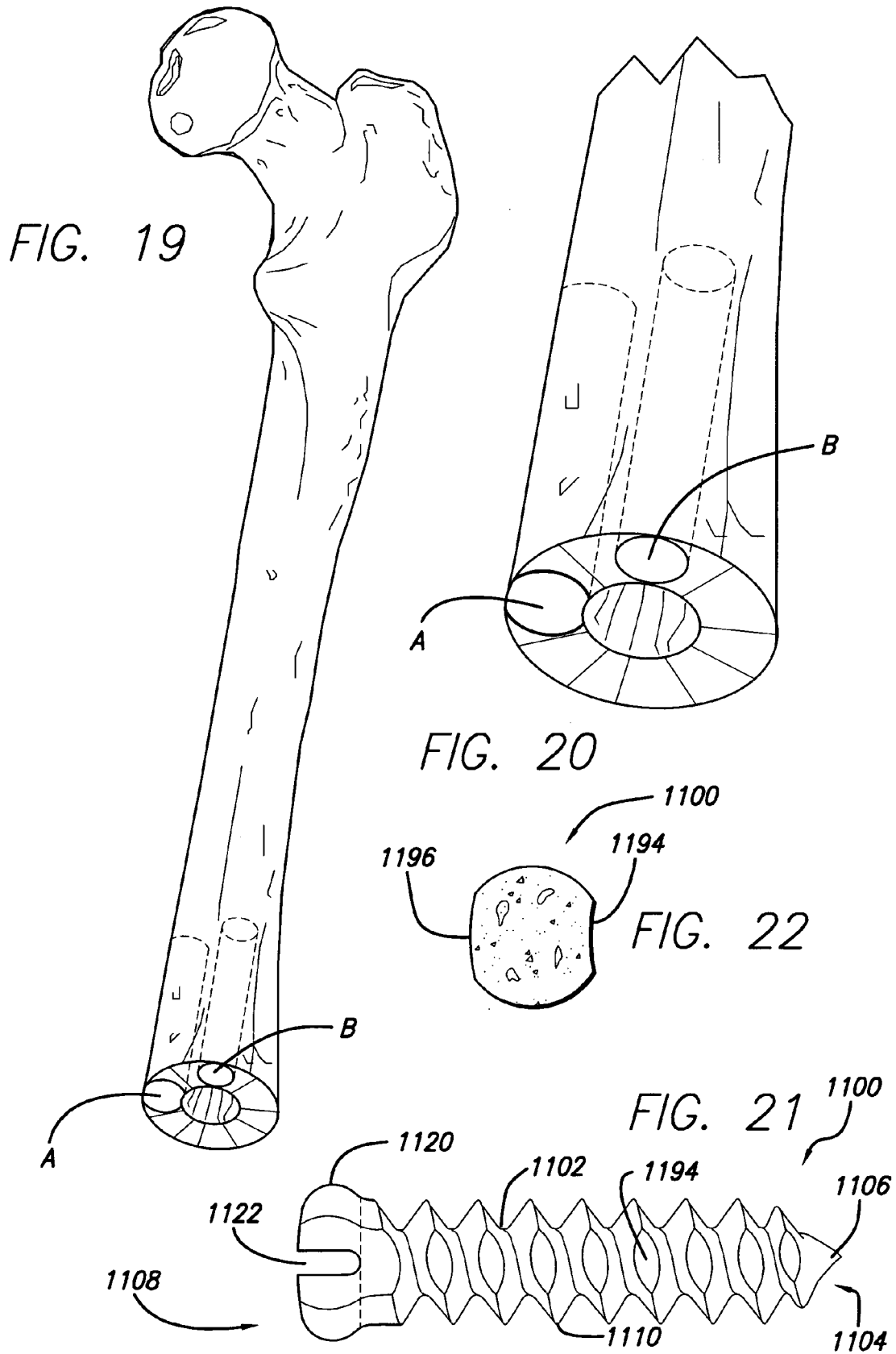
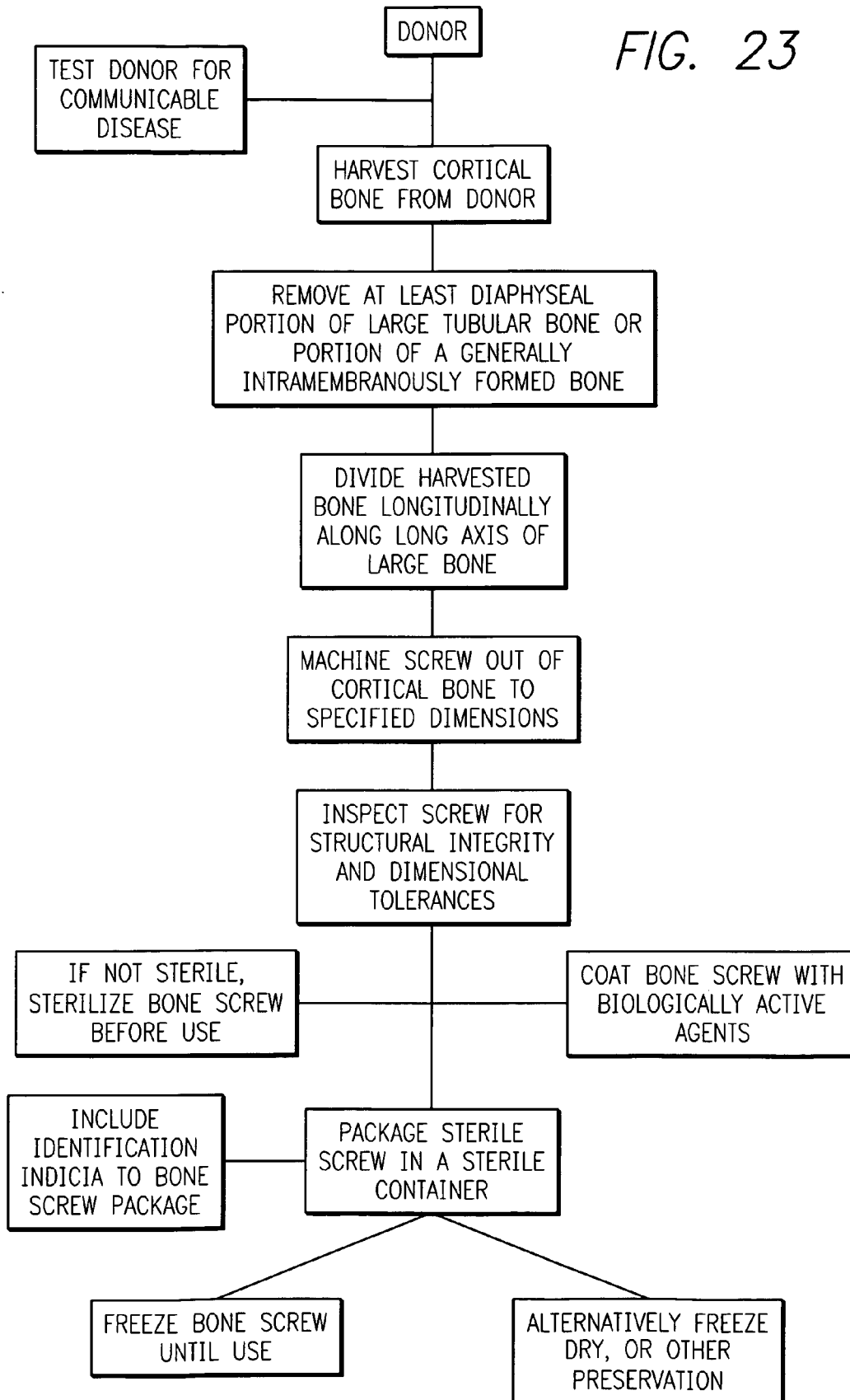


FIG. 23



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## METHOD FOR PREPARING AN IMPLANT OF CORTICAL BONE

### RELATED APPLICATION

This application is a continuation of application Ser. No. 10/933,667, filed Sep. 3, 2004, now U.S. Pat. No. 7,931,840, which is a divisional of application Ser. No. 09/566,055, filed May 5, 2000, now U.S. Pat. No. 7,094,239, which claims benefit of U.S. Provisional Application No. 60/132,671, filed May 5, 1999, incorporated by reference herein.

### BACKGROUND OF THE INVENTION

#### 1. Field of the Invention

This invention is directed generally to screws for orthopedic use in humans, and specifically to screws made of cortical bone and method of manufacture thereof.

#### 2. Description of the Related Art

The mammalian skeleton includes dense structural bone known as cortical bone. In humans, the femur, one of the larger long bones of the body, may have a cortical thickness as great as 6-8 mm. Larger mammals, which have been used to provide bone for surgical use in humans, have bones with cortical thicknesses substantially greater than those found in humans.

Screws for orthopedic use may be used for a multitude of purposes, including to join separated bone portions, and to attach various orthopedic implants, such as skeletal plates, to bones. Such screws have commonly been made of surgical quality metals (e.g. stainless steel, surgical grade titanium, and titanium alloys), ceramics and various plastics including some that are bioresorbable.

Metal screws typically remain in the body unless explanted by a later, separate operative procedure, and can inter alia potentially irritate tissue proximate the metal screws, shed ions harmful to the body, back-out or loosen causing injury within the body. Metal screws also can interfere with optimal visualization of the affected area by various diagnostic modalities such as x-rays, CAT scans or MRIs. On the other hand, resorbable screws made of bioresorbable plastic materials which can be absorbed by screws have often been limited by insufficient strength, an inability to be formed into a sharp thread-form, an unpredictable absorption rate, an inability to maintain sufficient structural integrity for an adequate period of time, the elicitation of an undesirable inflammatory response, and the potentially toxic effects of the degradation products of the material released by the bioresorption process.

There is therefore a need for a bone screw that combines the advantages of being sufficiently strong so as to be useful for skeletal fixation and for the attachment of various implants to the human skeleton, that additionally is resorbable within the body, and which does not have all the undesirable qualities encountered with screws of the past.

### SUMMARY OF THE INVENTION

In accordance with the present invention, as embodied and broadly described herein, there are provided bone screws made of cortical bone for orthopedic use in humans. In a preferred embodiment, the bone screw of the present invention is made substantially of cortical bone and comprises at least a partially threaded shaft that is substantially solid, a leading end for introduction of the screw, and an opposite trailing end. The trailing end is adapted to cooperatively engage an instrument for turning the screw. The trailing end

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further comprises a head configured so as not to be able to pass through the same opening and passageway of an implant, for example, that the threaded shaft portion of the screw is capable of passing through for the purpose of preventing the continuing advancement of the screw. The screw head may take the form of an enlargement having either a greater diameter or a greater maximum dimension than that of the outer diameter of the threaded shaft portion of the screw. In the alternative, the proximal shaft portion at the trailing end of the screw may have a thread pitch in which the thread crests are closer together than the thread crests proximate the leading end. In a further refinement of this alternative, it is possible for the outside diameter of the thread to remain constant over the length of the screw shaft and for the thread profile to change from a cancellous thread-form for engaging cancellous bone to a machine thread-form at the trailing end to lock the screw at or within an orthopedic implant or at the cortex of a recipient bone itself.

The present invention is directed to an orthopedic bone screw made substantially of cortical bone, which is preferably but not necessarily of human origin. The screw of the present invention is substantially solid throughout its shaft portion and has a head portion at its trailing end configured to resist the further forward advancement of the screw when the screw is threaded through an appropriately sized opening, such as an opening in an orthopedic implant.

While the present invention is not so limited, the preferred bone is human obtained from the diaphyseal region of one of the large tubular bones of the skeleton, such as the femur or from a portion of a generally intramembraneously formed substantially cortical bone, such as may be found in the skull.

The present invention is further directed to locks for locking bone screws to an implant as an element separate from the screw or as part of the screw itself. The locks preferably also are made of cortical bone for locking the screws to an implant. The present invention also includes the combination of screws and locks with an orthopedic implant which also is preferably made of cortical bone.

The accompanying drawings, which are incorporated in and constitute a part of this specification, are by way of example only and not limitation, and illustrate several embodiments of the invention, which together with the description, serve to explain the principles of the invention.

### BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1A is a side elevation view of a first embodiment of a bone screw, a screw lock in cross section both made of cortical bone, a partial cross section of an orthopedic implant, and a tool in fragmentary view for installing the bone screw and screw lock.

FIG. 1B is a top perspective view of the lock of FIG. 1A.

FIG. 1C is a top plan view of the screw head of the bone screw of FIG. 1A.

FIG. 1D is a side elevation view of another embodiment of the bone screw in accordance with the present invention.

FIG. 2A is a side elevation view of a second embodiment of two bone screws and a screw lock made of cortical bone in accordance with the present invention, and a partial cross section of an orthopedic implant.

FIG. 2B is a top plan view of the head of a bone screw in FIG. 2A.

FIG. 3A is a side elevation view of a third embodiment of two bone screws and a screw lock made of cortical bone, and a partial cross section of an orthopedic implant.

FIG. 3B is a top plan view of the screw lock of FIG. 3A.

FIG. 4 is a side elevation view of a fourth embodiment of two bone screws and a screw lock made of cortical bone, and a partial cross section of an orthopedic implant.

FIG. 5 is a side elevation view of a fifth embodiment of two bone screws and screw lock made of cortical bone, and a partial cross section of an orthopedic implant.

FIG. 6 is a sixth embodiment of a bone screw and a partial cross section of an orthopedic implant each made of cortical bone.

FIG. 7A is a side elevation view of a seventh embodiment of a bone screw and a partial cross section of an orthopedic implant lock made of cortical bone.

FIG. 7B is a top plan view of the trailing end of the screw in FIG. 7A.

FIGS. 8-10 are side elevation views of an eighth embodiment of a bone screw, and a screw lock made of cortical bone, and a partial cross section of an orthopedic implant.

FIG. 11 is a side elevation view of a ninth embodiment of a screw made of cortical bone.

FIG. 12 is a top plan view of the trailing end of the bone screw made of cortical bone shown in FIG. 11 with a locking insert therein.

FIG. 13 is perspective view of a locking insert of cortical bone for use with the bone screw shown in FIGS. 11 and 12.

FIGS. 14 and 15 are a side elevation view and an end view, respectively, of an instrument for inserting the bone screw of FIGS. 11 and 12.

FIG. 16 is a side elevation view in partial cross section of a segment of the human spine with a spinal fusion implant in partial cross section made of bone inserted between two adjacent vertebrae, bone screws of FIG. 5, and a screw lock being installed.

FIG. 17 is a side elevation view in partial cross section of a segment of the human spine with an orthopedic plate in cross section made of bone placed across a spinal disc in contact with the adjacent vertebral bodies and screws installed through the orthopedic plate and into the adjacent vertebral bodies.

FIG. 18 is a side elevation view of a fractured long bone with lag screws made of bone in accordance with the present invention installed along the fracture to rejoin the long bone.

FIG. 19 is a side elevation view of a long bone with segments illustrated in hidden line of cortical bone being removed from the diaphysis by making a longitudinal cut, the segments being used to form bone screws made of cortical bone in accordance with the present invention.

FIG. 20 is an enlarged fragmentary end view of FIG. 19.

FIG. 21 is a side elevation view of a tenth embodiment of a bone screw made of cortical bone removed from the diaphysis of a long bone in accordance with the present invention.

FIG. 22 is an end view of a segment of cortical bone removed from the diaphysis of a long bone by making a longitudinal cut as illustrated in FIG. 20.

FIG. 23 is a block diagram of the steps of manufacturing and packaging the bone screws of the present invention.

#### DETAILED DESCRIPTION OF THE DRAWINGS

The following description is intended to be representative only and not limiting and many variations can be anticipated according to these teachings, which are included within the scope of the present invention. Reference will now be made in detail to the preferred embodiments of this invention, examples of which are illustrated in the accompanying drawings.

FIGS. 1A-12, 18, 21, and 22 show various embodiments of screws made of cortical bone in accordance with the present

invention generally referred to by the reference numerals 100 to 1100, respectively. Similar reference numbers will be used throughout the drawings to refer to similar portions of similar parts.

Screws 100-1100 are shown in use with partial segments of orthopedic implants generally referred to by the reference numerals 150-850. As used in this application, orthopedic implants 150-850 can include various types of orthopedic implants such as, but not limited to, skeletal plates and inter-body spinal fusion implants. Orthopedic implants 150-850 are preferably made of resorbable (bioresorbable) materials such as, but not limited to, cortical bone, plastics, and composite plastics. Suitable plastics may include those comprising lactides, galactides, glycolide, caprolactone, trimethylene carbonate, dioxanone in various polymers and/or combinations. Implants 150-850 may also comprise any other material suitable for surgical implantation into the human body including various metals, ceramics, and non-resorbable plastics and composites.

Screws 100-1100 each have a shaft that is threaded at least in part preferably having a tip at its leading end and may have a screw head at its trailing end. The screw head may or may not be protuberant, but is adapted to prevent the forward movement of the screw once the head is fully engaged to the orthopedic implants 150-850 or an appropriate opening in a bone.

Screws 100-1100 may be further secured to the orthopedic implants 150-850 by locks that are preferably made of cortical bone and may also be made of resorbable materials.

FIGS. 1A-1C show a screw 100 with a shaft 102 having a leading end 104, a tip 106, and a trailing end 108 opposite leading end 104. Shaft 102 is configured to pass through an opening 140 in an implant 150 adapted to receive a bone screw. Shaft 102 has a thread 110 adapted to engage bone. Shaft 102 has a minor diameter and an outer diameter as measured from the peaks of threads 110 to the minor diameter. The turns of thread 110 are spaced apart by valleys preferably having rounded bottoms. As a result, thread 110 has a wide base. The preferred embodiments of the present invention have generally enlarged root diameters to increase their strength overall and to withstand the torques generated on insertion which may be further mitigated by the prior use of a tap. Further stress risers are avoided by avoiding sharp corners and unradiused edges. Further, it may be desirable to have the root diameter be generally increased nearer to the head end of the screws. Thread 110 preferably has a self-tapping first turn near tip 106.

As shown in FIG. 1D, in another embodiment screw 100' has a thread near tip 106' in the same configuration of thread 110 and has a thread portion 114 with a wider base such that the valleys between thread 114 are more rounded than the valleys between the portion of thread 110'. This results in a screw having a shaft 102' with wider root diameter proximate trailing end 108' for increased strength of screw 100'. Trailing end 108 preferably has a screw head 120 with an enlarged portion having a diameter greater than the outer diameter of the threaded portion of shaft 102 and greater than opening 140 in implant 150 so as to prevent passage therethrough.

As shown in FIGS. 1A and C, screw head 120 preferably has a cruciate recess 122 for receiving distal end 152 of screw driver 156. Bone screw 100 is prevented from backing out by screw lock 130 that threads into threaded portion 118 of opening 140 in implant 150. Screw lock 130 has a tool receiving recess 132 and opening 134 for engaging lock engagement end 154 of screw driver 156 for installing screw lock 130. Distal end 152 of screw driver 156 is preferably config-

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ured to pass through opening 134 when engagement end 154 cooperatively engages recess 132.

As shown in FIG. 1A, in use distal end 152 is moved into opening 140 and screw driver 156 is utilized to insert bone screw 100 by cooperatively engaging a cruciate recess 122 in bone screw head 120. Once screw 100 is inserted into opening 140, the enlarged portion of the head 120 is at least partially blocked from passing through implant 150 by a retaining flange 116. In a preferred embodiment, lock 130 is machined out of cortical bone and may best be harvested from portions of the calvarium as it is less curved than a long bone. Alternatively, lock 130 could also be machined out of a long bone. As with other screw locks shown herein, by way of example only and not limitation, the locks can alternatively be formed of a bioresorbable plastic. Screw lock 130 is preferably made of one cortical thickness, e.g., longitudinally along a long bone, rather than by cutting transversely across the bone.

Lock 130 is preferably circumferentially threaded with threads 136 as shown in FIG. 1B. When screw driver 156 is advanced to insert lock 130 into implant 150, threads 136 of lock 130 can be threaded into receiving threads 118 of implant 150. In this example, it can be appreciated that opening 140 need not be threaded along its entire depth. Lock 130 can be rigidly tightened against the unthreaded portion of opening 140, which acts as a stop, preventing any further movement of lock 130 into opening 140. By binding lock 130 to trailing wall 112 of implant 150, and making the lower surface of lock 130 concave, allowance is made for motion of screws 100 relative to implant 150. This allows the surgeon some freedom of choice in positioning screws 100 and in selecting the direction of the force vector to be generated relative to implant 150.

Alternatively, by any number of structural configurations, such as for example an interference fit between screw head 120 and implant opening 140, or by way of more deeply threading opening 140, or by flattening the top of the screws and making the circumferential perimeter flush to lock 130, or by allowing lock 130 to contact screw head 120, later motion of screw 100 can be prevented. Stated differently, while the present example shows how to allow for variability in the screw's placement and provides for later movement of the screw as might occur with settling, in the alternative, the path of screw 100 through implant 150 can be rather narrowly defined, and any angular motion of screw 100 relative to implant 150 can be prevented.

As shown in FIGS. 2A and 2B, bone screw 200 has a threaded shaft 202, a leading end 204, a tip 206, and an opposite trailing end 208. Shaft 202 has a thread 210 adapted to engage bone. Trailing end 208 has a screw head 220 having a slightly enlarged head portion. Head portion 220 has a dimension greater than the outer diameter of the thread portion 210 of shaft 202 and greater than opening 240 in the implant 250 so as to prevent passage therethrough. Screw head 220 has a hex-shaped perimeter 222 adapted to complimentary engage a hex socket driver for installing the screw. A screw lock 230 having a threaded shaft 236 and an enlarged head 238 is used to lock screws 200 to implant 250 and to prevent them from backing out. Screws 200 are preferably non-parallel to the longitudinal axis of implant 250, more preferably at an angle of between 25° and 75° relative to the implant longitudinal axis. Lock 230 includes a hexagonal tool receiving area 232 for rotatably inserting lock 230 in implant 250. Screws 200 are adapted to angle toward each other in the direction of the arrows in FIG. 2A.

As shown in FIGS. 3A and 3B, each one of bone screws 300 has a threaded shaft 302 having a leading end 304, a tip 306, and an opposite trailing end 308. Shaft 302 has a thread

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310 for engaging bone. Trailing end 308 has a screw head 320 having an enlarged portion with a diameter greater than the outer diameter of the threaded portion of shaft 302 and greater than opening 340 in implant 350 so as to prevent passage therethrough. Screw head 320 has a cross slotted cruciate recess 322 similar to that shown in FIG. 1C for receiving end 152 of screw driver 156. Bone screw 300 is prevented from backing out by screw lock 330 that threads into threaded opening 318 of implant 350. The bone screw lock 330 has a tool receiving recess 332 for engaging end 352 of a screw driver for installing the screw lock 330. Screw lock 330 may also have cutaway portions 360 and 362 to permit the insertion of bone screws 300 into openings 340 while screw lock 330 is attached to implant 350 in an unlocked position. Screw lock 330 can be rotated to a locked position to cover at least a portion of screw heads 320 and lock bone screws 300 to implant 350.

FIG. 3A shows lock 330 in use, where it can be appreciated that head portion 320 of screw 300 is prevented from passing through implant 350 by a retaining flange 316 at the base of opening 340. It can also be appreciated that when lock 330 is fully tightened, a lower portion of the screw head can be tightened against implant 350 itself so as to, as previously described, allow for some convergent motion of the bone screws. FIG. 3B shows lock 330 having a hex well 332 therein, and opposed concave portions 360 and 362. It should be understood that various driver engaging structures are useful for the intended purpose are contemplated and within the scope of the present invention.

In a preferred embodiment, when lock 330 is one-quarter turn short of being fully tightened, openings 340 are open and unobstructed at lock 330 to permit bone screws 300 to be inserted therein. After screws 300 have been installed, lock 330 can be further tightened by turning it 90 degrees until the shaft of the lock 330 reaches the lower most internal threads 318, thereby allowing the locking screw to be solidly tightened to implant 350.

While screws 300 have freedom to move closer together, screws 300 cannot back out of implant 350 with lock 330 in place. As previously discussed, while this is considered preferable, implant 350 can be so constructed to prevent any angular freedom of screw 300 relative to implant 350. Further, implant 350 and lock 330 can be configured to cooperate to prevent any backward motion of screw head 320.

As shown in FIG. 4, screw 400 has a threaded shaft 402 having a leading end 404, a tip 406, and an opposite trailing end 408. As with all of the embodiments described herein, tip 406 may have various configurations and may or may not have cutting flutes. Such flutes may be useful when such screws are for insertion into cancellous bone. However, when the bone is dense, the use of a thread forming tap as could be made of an instrument quality metal would be preferable. The tap would cut the path for the screw to follow rather than have the screw be subjected to the forces that would be required to form thereafter.

Shaft 402 has a thread 410 for engaging bone. Trailing end 408 has a screw head 420 having an enlarged portion having a diameter greater than the outer diameter of the threaded portion of shaft 402 and greater than opening 440 in implant 450 so as to prevent passage therethrough. Bone screw 400 is prevented from backing out by screw lock 430. Lock 430 is in the form of a disc with a threaded side wall 462 capable of threadably engaging threads 464 within common opening 460. When screws 400 are locked to implant 450, screws 400 can be allowed some angular motion relative to implant 450. The screw lock 430 has a tool receiving recess for engaging

the end of a screw driver for installing the screw lock **430**. Screw lock **430** and implant **450** are preferably made of cortical bone.

Distal to heads **420** of screws **400** is a smooth shaft portion **458** of a lesser cross sectional dimension than opening **440** which, in combination with the available space within common opening **460** between screw head **420** and lock **430**, allows for bone screw **400** to operate as a lag screw, but, nevertheless, be capable of some variability in its positioning and to still further be capable of some ability to move closer to implant **450**.

FIG. **5** shows an alternative implant screw and lock arrangement for use with implant **550**, or as with the lock and screw configuration of FIG. **4** with any of the other embodiments of the present invention as may be appropriate. To that end, it should be appreciated that the implants shown herein are by way of example only and without limitation to the various combinations and permutations of the various screw, lock, and implant configurations shown, as well as the substantial equivalent thereof which are within the scope of the present invention.

As shown in FIG. **5**, screw **500** has a threaded shaft **502** having a leading end **504**, a tip **506**, and an opposite trailing end **508**. Shaft **502** has a thread **510** for engaging bone. Trailing end **508** has a screw head **520** having an enlarged portion having a diameter greater than the outer diameter of the threaded portion of shaft **502** and greater than opening **540** in implant **550** so as to prevent passage therethrough. Screw head **520** is preferably adapted to cooperatively engage the end of screw driver. Bone screw **500** is prevented from backing out by screw lock **530** that has a shaft **536** that threads into internal threads **518** implant **550**. As with other embodiments herein described, the screw lock **530** may have a tool receiving recess for engaging an end of a screw driver for installing screw lock **530**. Screw **500** and lock **530** are preferably made of cortical bone as preferably is implant **500**. The combination results in screw **500** having a precise and defined orientation that is further secured by lock **530** so that no angular deviation of the screw in the construct is allowed.

Lock **530** differs from lock **430** in that extending from head portion **520** is a threaded shaft **536** for threading into internal threads **518** between opposed openings **540** within common opening **560** of implant **550**. Unlike the mechanism illustrated in FIG. **4** where cap **430** tightens against the internal implant wall rather than only pressing against the screw heads themselves, thereby permitting some motion, head **538** of lock **530** tightens against heads **520** of screws **500** which also differ from screws **400** in that the smooth proximal shaft portions **558** are adapted to form an interference fit with the passageway through implant **550** and to thereby in combination allow for the screws to have a precise trajectory and to further be rigidly locked to the implant. It should be appreciated then that FIGS. **4** and **5** each teach a structure by which an implant of the present invention can be constructed so as to either cause the screws passing therethrough to have a fixed trajectory or in the alternative, be capable of variable angle placement. Further taught is structure for permitting the present invention implants to either allow for, or to prevent post-deployment angular motion of the bone screws relative to the implant after the screws have been locked within the implant; or still further to allow for but one degree of freedom of the locked screws and that being only to allow for the settling, or the coming closer together of the adjacent vertebrae. Various ways for achieving each of these are shown herein and may be combined in various ways with various

embodiments of the implants shown or their substantial equivalents without departing from the scope of the present invention.

As shown in FIG. **6**, screw **600** has a threaded shaft **602** having a leading end **604**, a tip **606**, and an opposite trailing end **608**. Shaft **602** has a first thread **610** for engaging bone. Trailing end **608** has an enlarged portion **620** having a diameter greater than the outer diameter of the threaded portion of shaft **602** and greater than opening **640** in the implant **650** so as to prevent passage therethrough. Opening **640** is preferably threaded. Proximate enlarged portion **620** is a second thread **612** having a different thread pitch than thread **610**. For example, thread **610** could have a thread pitch similar to a wood screw and thread **612** could have a thread pitch similar to a metal screw. Screws **600** are self locking as a result of the different thread pitches of screw **600** in combination with thread opening **640**. That is the combination of screw **600** with implant **650** adapted to receive that screw, obviates the need for a third element such as a lock, and functions to achieve locking by the interaction of the two elements.

As shown in FIGS. **7A** and **7B**, screw **700** has a threaded shaft **702** having a leading end **704**, a tip **706**, and an opposite trailing end **708**. Shaft **702** has a first thread form **710** for engaging bone. Trailing end **708** has an enlarged portion **720** having a diameter greater than the outer diameter of the threaded portion of shaft **702** and greater than opening **740** in implant **750** so as to prevent passage therethrough. Opening **740** is preferably threaded at least in part. Enlarged portion **720** has a second thread **712** having a different thread pitch than thread **710**. For example, thread **710** could have a thread pitch similar to a wood screw and thread **712** could have a thread pitch similar to a metal screw.

Unlike screw **600**, screw **700** does not have an additional enlarged head portion such as portion **620** of screw **600**, but rather relies on flange portion **716** of opening **740** to stop the further progression of the screw head **720** through the implant and to allow for head **720** to be securely tightened to the trailing end of implant **750**. Screw head **720** can preferably have a cruciate recess **722** for receiving the end of screw driver.

FIGS. **8-10** show an alternative embodiment of a locking screw mechanism which can be adapted for use with various of the other shown and/or described implant embodiments and other interbody spinal fusion implants of the present invention. Portion **808** of implant **850** has an opening **840** for accepting a bone screw **800**. Bone screw **800** has a head portion **820** having at least in part about its perimeter a convex surface **872** having a maximum diameter. Bone screw receiving opening **840** has a circumferential concavity **874** for receiving convexity **872** of bone screw head **820**. Bone screw head **820** has threads **880** and a plurality of slots **876**, preferably two to four. Slots **876** allow locking screw **830** to cooperatively engage and be driven with a driver and allow for head **820** to sufficiently compress to be fully received within opening **840** of implant **850**.

As can be appreciated from FIGS. **8-10**, screw **800** can be placed at an angle to implant **850**. Once bone screw **800** has been fully engaged into a bone such as an adjacent vertebral body, for example, the screw can be further rotated, allowing the vertebral body to be lagged to implant **850**, increasing the compressive load. Once screw **800** has been properly placed and tightened to the extent desired by the surgeon, a locking screw **830** having a head **838** and a threaded shaft **836** may be threaded into the threaded interior of bone screw head **820** via interior threads **880**.

The implant screw locking system of FIGS. **8-10** can be manufactured such that while the locking screw **830** may be



lockably tightened to bone screw **800**, and thus the backward migration of **800** from implant **850** prevented, the system can be designed so as to either allow for angular motion after locking screw **830** is locked to bone screw **800** or to prevent it. The function of bone screw head **820** in its ability to rotate and angulate within implant **850** is not dissimilar to the above described variation of the self-locking screw.

Also shown in FIGS. **8-10** are the degrees of sharpness of the arcuate portion of thread **810**, or decreasing thread pitch along shaft **802** towards trailing end **808**. Beginning from the leading end **804** and extending towards trailing end **808**, thread **810** progressively becomes thicker until at, for example, location **882** thread **810** is thicker at its outer diameter than at location **884**. The thickening increases more towards trailing end **808**. By having a sharp thread pitch **884** near leading end **804** and a progressively less sharp thread pitch extending towards the trailing end, screw **800** embeds itself more securely. Thread portion **882** expands the V-cut left by the sharper thread portion **884**, thereby adding force vectors substantially parallel to the screw longitudinal axis and further tightening the fit of screw **800** within a bone.

FIGS. **11-13** show a screw **900** having a threaded shaft **902** with leading end **904**, tip **906**, and an opposite trailing end **908**. Shaft **902** has a thread **910** for engaging bone. Trailing end **908** has a screw head **920** having an enlarged portion with a diameter greater than the root diameter of shaft **902**. Screw head **920** preferably has a cruciate recess **922** for receiving an insert for spreading apart cruciate recess **922** to expand enlarged portion **920** to a dimension larger than the outer diameter of thread **910**. Recess **922** is adapted to cooperatively engage projection **886** of screw driver end **952**. Engaging projection **886** extends along the longitudinal axis of screw driver **956**. In use, engaging projection **886** will slidably engage with recesses **922** and screw head **920**. The extended length of engaging projection **886** allows the surgeon to more forcefully and securely apply a rotative force upon screw **900**. Although a cruciate or "plus sign" configuration is illustrated for engaging projection **886**, a wide range of alternatives are available and contemplated by the scope of the present invention.

Tool **956** may be manual or powered. Tool **956** preferably has a push-down inner shaft connected to engaging projection **886** so that in use, the surgeon will push down on tool **956** and rotate to insert screw **900**. Alternatively, if tool **956** is electrically powered, an inner shaft connected to engaging projection **886** may be made to rotate upon the surgeon pushing down on the tool after proper positioning. Although a tool with a push down inner shaft is preferred, it is not required. For example, engaging portion **886** may be fixedly attached within tool **956**.

FIG. **16** shows an embodiment of the present invention with implant **550'** properly implanted across the disc space between adjacent vertebral bodies  $V_1$  and  $V_2$ . Openings **588'** of implant **550'** allow for vascular access through trailing end **512'** of implant **550'** and for bone growth therethrough. Trailing end **512'** has common opening **560'** and situated essentially therein, is threaded opening **318'** for receiving an implant driver. The implant driver has a distal end for a complimentary fit within common opening **560'** and there-through a rotatable threaded member for threading into opening **318'**. Internal threads **318'** of implant **550'** are configured to receive lock **530'** in a way similar to that illustrated in FIG. **5**. Opening **560'** also is adapted to receive a screw device to link the implant to other implants, to a staple, or to receive a locking screw to lock bone engaging screws to the implant as disclosed in Michelson U.S. Pat. No. 6,120,503 incorporated herein by reference. Common opening **560'** also may have

therein opposed and divergently angled openings **540'** adapted to receive opposed vertebral bone engaging screws **500'**. Bone screw receiving openings **540'** preferably may have circumferentially around them retaining seats **516'** adapted to receive and to block the passage of the heads of screws **500'** to be inserted therethrough. Retaining seats **516'** may also be flanged.

FIG. **17** shows screws **600'** of the present invention used with a plate **692'** and an implant **690'** inserted into the disc space between adjacent vertebral bodies  $V_1, V_2$ . Preferably, both plate **692'** and implant **690'** are formed of bone. Screws **600'** may have a dual-threaded shaft. That is, the leading end may be threaded for engaging cancellous bone while the trailing end may be separately threaded for engagement with bone plate **692'**. Preferably, an unthreaded shaft portion **658'** is between the threaded shaft portions. In this embodiment, flange **618'** in plate **692'** will act as a stop to the enlarged portion of screw head **620'**.

Referring to FIG. **17**, in a preferred method for preparing a spinal implant, implant or body portion **690'** is formed for insertion across a disc space between two adjacent vertebral bodies  $V_1, V_2$  of a human spine. Body portion **690'** includes a leading end, a trailing end, an upper bearing surface and an opposite lower bearing surface between the leading and trailing ends. The upper bearing surface and the lower bearing surface are adapted to be oriented toward adjacent vertebral bodies  $V_1, V_2$  when body portion **690'** is inserted across the disc space. At least a portion of body portion **690'** is formed from a bioresorbable material which is at least in part cortical bone.

The method further includes forming a plate portion **692'** of the implant. Plate **692'** has a length adapted to overlap and attach to at least a portion of each of the two adjacent vertebral bodies when body portion **690'** of the implant is inserted across the disc space. Plate **692'** is connected at least in part to body portion **690'** of the implant. Plate **692'** has a lower facing surface adapted to be oriented toward the adjacent vertebral bodies and an upper facing surface opposite the lower facing surface. Plate **692'** has at least two fastener receiving openings extending from the upper facing surface through the lower facing surface. Each of the fastener receiving openings is adapted to receive a fastener **600'** to attach plate **692'** to a respective one of the two adjacent vertebral bodies  $V_1, V_2$ . At least a portion of plate **692'** is formed from a bioresorbable material which is at least in part cortical bone.

FIG. **18** shows a fractured bone screwed together with lag screws **1000** having different ratios of threaded to non-threaded shaft lengths. The surgeon may select screws based on the depth of the bone and the location of the fracture. By selecting screws with a non-threaded shaft length **1058** near trailing end **1008** to match the first, proximate fractured bone portion, the surgeon can insert substantially all the threaded shaft length **1002** at the leading screw end **1004** into the second, more distal fractured bone portion. In a manner similar to embodiments described before, an enlarged portion of screw head **1020** cooperates with the outer surface of the bone to assist in locking the first, proximate bone portion with the second, distal bone portion. Selecting screws of varying ratio between threaded and non-threaded length to approximate the fracture line will result in a more secure fit and ultimately enhance the bone healing process. The placement of smooth portions of screws **1000** in one fractured portion and threaded portions in the other fractured portion permits the pulling together or "lagging" of the two fractured bone portions.

FIGS. **21** and **22** show a cortical bone screw **1100** having a shaft **1102** with thread **1110** configured with both a concavely arcuate portion **1194** and a convexly arcuate por-

tion **1196** along a transverse cross section to the longitudinal axis of the screw. Preferably, concave and convex portions **1194**, **1196**, respectively, are opposite each other as shown in FIG. **22**. The concave and convex portions may be formed by cutting a strip A from a long bone as shown in FIG. **20** with a trephine having a diameter greater than the cortical thickness of the bone. The concave portion can correspond to the area of bone facing the medullary canal. Screw head **1120** may also have concave and convex portions aligned with those of shaft **1102**. The radii of the concave portions may vary along the length of the longitudinal axis. The radii of each concavely arcuate portion **1194** and convexly arcuate portion **1196** may also vary in relation to each other along a plane transverse to the longitudinal screw axis. Although screw **1100** may be made from many different materials, it is preferred that screw **1100** is formed substantially of cortical bone of a single cortical thickness. Screw **1100** may also include a recess **1122** for engagement with a tool such as one hereinbefore described.

For use in the embodiments of bone screws described herein, by way of example, the bone screws of the present invention for use in the lumbar spine would have an outer diameter in the range of approximately 4 to 8.5 mm, with approximately 5 to 7.5 mm being preferred; and an overall length in the range of approximately 20 to 40 mm, with approximately 25 to 30 mm being preferred.

For use in the cervical spine, an outer diameter in the range of approximately 3 to 6 mm, with approximately 4 to 5 mm being preferred; and a length in the range of approximately 10 to 20 mm, with approximately 12 to 16 mm being preferred.

By way of example, a bone screw of the present invention for use in the lumbar spine could have a root diameter of approximately 5 mm and an outer diameter of approximately 7.5 mm; a thread pitch of approximately 3 mm distally and at the trailing end by use of a multipoint lead, a triple wound thread having a pitch of approximately 1 mm. Such a screw could be threaded through an opening in a material having a thickness less than the 3 mm of the distal screw pitch and an opening greater than the root diameter, but less than the outer diameter, until such screw was threaded into the point where the three point lead at the trailing end of the screw engaged the threaded opening in the material. At which point, the screw would be lockably engaged into the material as the wall thickness of the material into which the screw was being threaded would no longer fit between the individual threads of the machine threaded portion of the screw.

Alternatively, the pitch of the screws could progressively decrease towards the trailing end, or the threads thicken to the same effect. In a further embodiment of the present invention, the head of the screw could be slightly flared, with or without expansion/compression slots therethrough, such that when the head is tightened into the implant, the head is compressed and wedged into a high interference fit to the implant stopping the further forward motion of the screw and locking it therein.

These screws may be cut from a single thickness of cortex as distinct from cutting transversely across a long bone so as to include a significant hollow within the screw as a result of the medullary canal of that long bone.

Referring to FIGS. **19**, **20** and **23**, in a preferred method of manufacturing the bone screws of the present invention, bone is harvested sterilely from a donor such as a human cadaver for example, and further manufactured using sterilized machinery.

Referring to FIGS. **19** and **23**, in a first step at least a diaphyseal portion of a large tubular bone or a portion of a generally intramembraneously formed bone such as the cal-

varium is removed from a human cadaver preferably, but not necessarily, in a sterile manner.

As illustrated in FIG. **20**, in a second step the harvested bone is further divided longitudinally along the long axis of the large bone and preferably, but not necessarily, into strips having a width generally as great or slightly greater than the thickness of the cortical bone. For example, strips A and B may have the configuration shown in FIGS. **19** and **20**. While the bone can be cut using any appropriate type of cutting device such as a saw, laser, water jet, etc., a hollow tubular cutter such as a trephine having an inside diameter sized to match the outer diameter of the screw to be made or greater, the thickness of the donor cortex, or slightly greater than the thickness of the donor cortex is particularly beneficial as it provides for a generally more or less circular cross section that facilitates the further machining of the threads therefrom. It should be understood that the bone diaphysis can be cut to length prior to or after the forming of the longitudinal strips.

In a third step, a machine appropriate for machining a screw such as a lathe, a Swiss milling machine, a CNC, a thread whirling machine, or similar device is used to machine the screw out of the cortical bone to specific dimensions. The bone screw is then inspected for structural integrity and dimensional tolerances.

It should be appreciated that while screws of cortical bone may have conformations similar to prior art screws made of metal without deviating from the teachings of the present invention, in the preferred embodiments, consideration has been given to the considerable differences in the material properties of these very different materials. Cortical bone as a material, while much stronger than cancellous bone, is profoundly weaker than the metals in common use today for the fabrication of screws such as stainless steels and titanium alloys. To that end, the preferred embodiments of the present invention have generally enlarged root diameters to increase their strength overall and to withstand the torques generated on insertion which may be further mitigated by the prior use of a tap. Further stress risers are avoided by avoiding sharp corners and unradius edges. Further, it may be desirable to have the root diameter be generally increased nearer to the head end of the screws. The root diameter may progress from tip to head, flair beneath the head, or otherwise increase. The root diameter should ideally flow into the head rather than having a sharp step off. The thread itself should be kept strong by not unduly extending the height of the thread relative to the width of the base, or thinning the profile of the thread. The valleys between the turns of the thread are again preferably rounded rather than notched. Similarly the driver engaging area in the head portion of the screw should be kept substantial and have rounded rather than square ended slots where slots are used.

In a fourth step, the screw of cortical bone may be frozen for storage until use. Measures are provided for providing for the storability of the screws such as freezing, freeze drying.

In another, the donor is tested for communicable diseases to assure the safety of the bone. Alternatively, donor testing may be performed prior to the steps of harvesting bone from the donor.

In a sixth step, cultures are taken during the above procedure, but prior to the bone being frozen, to assure the safety of the bone.

In an alternative method of manufacturing the present invention, sterility may or may not be a goal during the manufacturing of the screw and the screw is subjected to a sterilization process including, but not limited to, exposure to radiation, freeze drying, denaturing, cleaning, chemical sterilization including the use of sterilizing liquids and/or gases.

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In a further step in the manufacture of the screws of the present invention, the screw may be immersed in, or coated with, biologically active chemical agents included, but not limited to, antibiotics, or substances to promote bone formation such as bone morphogenetic proteins, mineralizing proteins, or genetic material coding for the production of bone (directly or indirectly).

In a further step in the manufacturing process which may occur before or after freezing, or if not frozen then before or after sterilization the screw is packaged. In a preferred embodiment, the sterile screw is contained within a sterile container, which is itself contained within an internally sterile second container.

In a further step, each screw package comprises identifying information such as a tracking number by which the donor can be identified if need be, the identity of the manufacturer, the date of expiration by which the screw must be used, and the length and at least nominal outside diameter of the screw and if frozen the requirements for proper storage of the screw. It should be appreciated that the present invention is not limited by the specific form of the thread, and includes both machine and wood type threads. Also, the present invention does not require that the thread be fully continuous and/or of constant height. For example, where it is desirable to form a screw of the largest possible maximum outside diameter, rather than uniform outside diameter it may be desirable to then form the screw from a longitudinal diaphyseal strip selected to be wider than it is thick such that when machined the resultant screw will have a root diameter that is circular in cross section and an outside diameter that in cross section will have opposed arcuate portions, but that is incompletely circular.

It is appreciated that the present invention is not directed just to bone screws, but also to the locks themselves made of bone for locking the bone screw which may also take the form of a threaded member or even of a screw itself. The locks and bone screws of the present invention may be combined with various orthopedic and spinal plates and interbody spinal fusion implants. The implants themselves, that is the plate or the fusion implant are preferably also made of a bioresorbable material including, but not limited to, human cortical bone.

It is appreciated that bone screws of the present invention are formed along the longitudinal axis of a long bone or from a single cortex rather than being formed by cutting transversely through a long bone so as to include the opposite cortices of a long bone, that is both the near and far cortices of a tubular bone, as well as the side walls. The screws and locks of the present invention are a manufactured device that would essentially be a machined orthopedic screw, machined from a single length of cortex if of a long bone or from the thickness of an intramembraneously formed bone such as calvarium. The present invention is directed to a bone screw made substantially of cortical bone having an insertion end, a shaft at least in part threaded and a head having either a greater dimension than the outer diameter of the threaded shaft or functional means to resist the continuing forward advancement of the screw when properly utilized. By way of example, a screw made of cortical bone without a protuberant head and a thread pitch that is more tightly wound at its trailing end than at its leading end. The present invention is also specifically directed to bone screws that are not hollow through the shaft portion of the screw that are made substantially of cortical bone and which is machined and manufactured.

Moreover, the configuration of the thread of the screws is not limited to the configuration shown in the drawings but may also have any other configuration suitable for its intended purpose.

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While the present invention has been described with respect to the preferred embodiments, it is appreciated that variations of the embodiments are possible without departing from the scope of the present invention.

What is claimed is:

1. A method for preparing a spinal implant, comprising: forming a body portion of the implant for insertion across a disc space between two adjacent vertebral bodies of a human spine, the body portion including a leading end, a trailing end, an upper bearing surface and an opposite lower bearing surface between the leading and trailing ends, the upper bearing surface and the lower bearing surface being adapted to be oriented toward the adjacent vertebral bodies when the body portion is inserted across the disc space, at least a portion of the body portion being formed from a bioresorbable material, the bioresorbable material being at least in part cortical bone; and forming a plate portion of the implant, the plate having a length adapted to overlap and attach to at least a portion of each of the two adjacent vertebral bodies when said body portion of said implant is inserted across the disc space, the plate being connected at least in part to the body portion of the implant, the plate having a lower facing surface adapted to be oriented toward the adjacent vertebral bodies and an upper facing surface opposite the lower facing surface, the plate having at least two fastener receiving openings extending from the upper facing surface through the lower facing surface, each of the fastener receiving openings being adapted to receive a fastener to attach the plate to a respective one of the two adjacent vertebral bodies, at least a portion of the plate being formed from a bioresorbable material, the bioresorbable material being at least in part cortical bone.
2. The method of claim 1, wherein the upper and lower bearing surfaces of the body portion are substantially parallel to one another.
3. The method of claim 1, further including forming a bone engaging surface on the upper and lower bearing surfaces of the body portion.
4. The method of claim 1, wherein the bioresorbable material of at least one of the body portion and the plate portion includes a plastic that includes one of a lactide, galactide, glycolide, caprolactone, trimethylene carbonate, and dioxanone.
5. The method of claim 1, further comprising inserting a fastener through the at least one of the fastener receiving openings and into the adjacent vertebral bodies.
6. The method of claim 5, wherein the fastener includes an enlarged head portion, the fastener receiving openings of the plate being configured to prevent the enlarged head portion of the fastener from passing through the lower facing surface of the plate.
7. The method of claim 6, wherein at least a portion of the fastener is formed from a bioresorbable material.
8. The method of claim 7, wherein the bioresorbable material of the fastener is at least in part one of cortical bone, plastics, and composite plastics.
9. The method of claim 1, further comprising: providing at least two fasteners, each fastener having a leading end and a trailing end; and inserting the at least two fasteners into a respective one of the at least two fastener receiving openings so that the fasteners are in a convergent relationship to one another in a direction from the trailing end to the leading end when inserted.